

Stop Workplace Bullying

It's not normal — it's unreasonable

Workplace bullying refers to *repeated*, unreasonable actions of individuals (or a group) directed towards an employee (or a group of employees), which are intended to intimidate, degrade, humiliate, or undermine; or which create a risk to the health or safety of the employee(s). **Workplace bullying** often involves an abuse or misuse of power. Bullying behavior creates feelings of defenselessness and injustice and undermines an individual's right to dignity at work.

Examples of bullying:

Unwarranted or invalid criticism

Being treated differently than the rest of your work group

Being sworn at

Exclusion or social isolation

Being shouted at or being humiliated

Excessive monitoring or micro-managing

Being given work with unrealistic deadlines

“Example isn't another way to teach, it is the only way to teach”.....Albert Einstein



It's NOT Classy. It's Just Despicable!

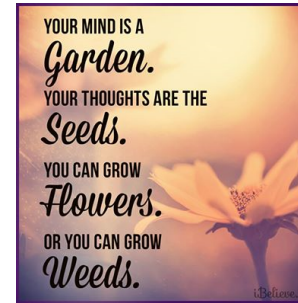


Hi! Skeeter D. Jones at your service. How 'bout that – I have the same initials as your company – SDJ. I am a minion. I have been informed that someone at your company tried to “download” a recent movie I was in called Despicable Me! Come on Guys! You know that's **FILM PIRACY!** And it's against the law. **PIRACY** refers to the unauthorized duplication of copyrighted content that is then sold at substantially lower prices in the 'grey' market. What you do in your own home is your business. But you have no right to put the company that provides you a paycheck in jeopardy. I think my movie is **REALLY COOL**, but I don't think it's worth losing your job over. Instead of downloading movies illegally, try making your own minions at the following website. It's really cool & legal!

<http://minionslovebananas.com/minion-games.aspx>.

"You have brains in your head
and feet in your shoes,
you can steer yourself in any
direction you choose!"
--Dr. Seuss

Inspiration for Summer



Celebrate the 4th!



TRUX TRAX

COMPANY NEWSLETTER

WE ARE.....



A CLASS ACT!

shelbajohnson
Spring/Summer 2014

SHELBA is a CLASS ACT!

You have probably heard the term, "He or she is a **“class act.”** **Class** is easy to recognize but much harder to define. The absence of **class** is easy to detect -- a serious flaw for anyone who aspires to be successful. First of all, **class** is not an "act." It's a deep-seated way of life for those who possess it. Having **class** involves good manners, politeness, pride without showboating, empathy, humility, and an abundance of self-control. The actions of class-act people speak louder than their words. **Class** shows without being announced. People can tell if you have **class** by the way you interact with others. If you have **class**, you don't need much of anything else to be a winner. If you don't have it, no matter what you do, it won't make up the difference. Money, notoriety or success by themselves won't give you class. **Class** comes from within, not from external sources.

C is for calm, courteous and in control

L is for living by high standards

A is for above it all

S is for self-respect & respect for others as well

S is for self-confidence without being arrogant

A is for accountability

C is for compassion

T is for trust

Taken from The Business Journals
Harvey MacKay – contributing writer

Speaking of Class.....

All I can say is **WOW!** What an accomplishment. Just take a look at the years of service these employees have put in. Joe and I haven't even been hanging around here that long, but we are certainly glad these folks decided to. Some have given **OVER 25 years** of service to the company. And others on the list are not far behind.

25+ Years

Ann Hunt
Danny Morrison
Milton Raphael
Orlando Price
Gary Hogue
Charles Klass
Mike Marsh

20+ Years

Elmer Watkins
Johnny McGuire
John Morton
Ricky Miller
Jeff Richardson
Danny Smith
Randy Morgan

15+ Years

Julie Jackson
Scott Cruthris
Larry Parker
David Burnette
David Taylor
Rex Utt
Chuck Nance
James Lambeth
Barry Billings
Richard Rush
Terry Todd
Calvin Melton
Michael Holbrook
Thomas Ayscue
David Jackson
Rhonda Walton
Trent Wilmoth
Marvlet Lynch Jr.
Carol Agee
Sandy Griffin
Jack Rozier
Kevan Johnson
Charles Myers
Buck Johnson
Richard Tucker
Ronald Russo
Donald Lindsay

Special recognition goes to Ann Hunt who is the longest-tenured employee at Shelba Johnson Trucking. That means she's been with the company since the beginning.



Being **dedicated** means believing an idea or a job is important and giving a lot of energy and time to it. **Commitment** is the attitude of working very hard to do or support something you believe in. **Perseverance** allows us to be dedicated and committed even though it is difficult. We stick with the job at hand each day. These employees would not have reached these years of service without **dedication, commitment and perseverance.** We are proud to call you our employees. We appreciate your dedication and hard work over the years. You are an example for all!

Others Think We Have Class Too!

We've received two letters of praise for our service in the past few months. The first comes from Kathy Speight, Customer Care Manager with Stanley Furniture. She writes:

Richard,

I received a call today from a Reibman's Furniture in Torrington, CT. The owner, Pam, had all good things to say about SHELBA's service and your driver, Dave.

Pam said that David always goes the extra mile, is patient and polite. She praised how the furniture consistently arrives in "beautiful" shape and in a timely manner.

Stanley certainly understands the value of good service from our carriers. Thank you for being the example.

And here's one from Rider Furniture:

Dear Scott, Angela, Katrina, Pam & the entire Johnson Family

Thank you so much for our prompt delivery. It arrived at 8am as promised. My guys are making the delivery to the moving van as I write this.

We appreciate all you do for us. There is no doubt Johnson Trucking is the Very Best in Furniture Transportation.

Sincerely,

Shelly & Bill

And The Entire Rider Furniture Family

As always, we are very proud of your good work. It takes everyone working together to achieve success.